



**NUF Newsletter 2026-1**

**Scandinavian Association of Urology**

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Dear colleagues and friends!

The last NUF Bulletin was published ten years ago, back in 2015. The editors made a considerable effort to collect material to feed readers with interesting articles. It was not easy to take time off from busy schedules to write articles or work as editors, so it came to an end.

With this “NUF Newsletter”, we do not aim to be a new version of the “NUF Bulletin”. We just want to connect with members of the Scandinavian Association of Urology in Denmark, Finland, Iceland, Norway and Sweden to share information and updates. It is also a reminder for every member that NUF exists. To turn it into a more extended version may happen but this is not our primary goal. The newsletter will be published twice a year.

Best Regards from all of us in the NUF Board



NUF website: <https://nuf.nu>



Nordisk Urologisk Forening / Scandinavian Association of Urology

## NUF Board

Mikael Anttinen	- NUF President	- Finland
Karl Erlingur Oddason	- NUF Gen. Secretary	- Iceland
Elisabeth Farrelly	- NUF Treasurer	- Sweden
Pernille Skjold Kingo	- NUF Webmaster	- Denmark
Karin Margrethe Hjelle	- NUF Newsletter editor	- Norway

# Greetings from the President

Dear colleagues,

It is a great honour to serve as President of the Nordisk Urologisk Förening (NUF, Scandinavian Association of Urology, SAU) for the 2025–2027 term. After two rewarding years as NUF General Secretary, I am delighted to continue contributing to our Nordic community from a new perspective. I wish to thank Christian Beisland for his excellent leadership and contribution to NUF’s development over the past years.

Nordic surgical collaboration has deep roots. The Nordisk Kirurgisk Förening (NKF), founded in 1893, is one of the world’s oldest surgical societies. As urology gradually emerged as a distinct subspecialty in the 1940s and 1950s, Nordic surgeons began informal meetings to discuss its future. From these gatherings, a “Travel Club” was born in 1950 — and six years later, during its final meeting in Helsinki, NUF was officially founded in the sauna of Professor Pauli Tuovinen’s summer house in Ojakkala, Finland. Not surprisingly — in a sauna, when we’re talking about Finland.

Membership was initially limited, but in 1976 the Finnish president Olof Alfthan opened the association to all members of the national urological societies. A year later, P.O. Hedlund established the collaboration groups that still form the scientific backbone of NUF, and the first newsletter, the NUF Bulletin, was launched in 1976 by then General Secretary Jan Rusk. So perhaps it’s fair to say that NUF has reconnected with its roots — and that the Nordic flow is alive and well once again.

Over the decades, NUF has evolved from a small network into a strong organisation of over a thousand members, uniting urologists, nurses, and researchers across the Nordic region. The collaboration groups have produced world-class science — notably through the Scandinavian Prostate Cancer Group, whose top-tier publications have shaped international prostate cancer research and care.

The Nordic countries share not only geography but also a unique sense of language, culture, and humour – perhaps that is what has always helped us collaborate so well. In a time of geopolitical turbulence and rapid change, our solidarity across borders feels more meaningful than ever. Together, we are more.

We now have an outstanding Board where every Nordic country is represented, bringing together diverse experience and enthusiasm for cooperation. I am confident that this fruitful collaboration will continue to grow — with open dialogue, new ideas, and strong connections.

I hope to see many of you in person at the 36th NUF Congress in Copenhagen in 2027.

With best regards,

*Mikael Anttinen*



# NUF congress in Gothenburg

## 04. – 07. June 2025

The 2025 NUF congress was held in Gothenburg, Sweden 4-7 th of June. The event became a vivid reminder of how strong the Nordic countries professional urological collaboration has grown.

The congress in Gothenburg distinguished itself through the breadth of expertise gathered, the scientific ambition of the program, and the unmistakable sense of Nordic unity that shaped every discussion. Across the three days, NUF's collaboration groups presented sessions that captured the realities of modern urological practice: ongoing research, evolving clinical routines, and areas where new knowledge is urgently needed. The scientific program ranged widely from state-of-the-art lectures on invasive treatment strategies for BPO and updates in prostate cancer screening to developments in andrology and essential considerations in the care of transgender patients. Among the invited speakers, Professor Bertrand Tombal drew particular attention with his EAU lecture on treatment deescalation in prostate cancer.

The congress was not only a forum for senior specialists. Residents were offered a focused educational track on kidney stone management, and nursing staff had access to two full days of tailored sessions. In total, more than 400 participants from all Nordic countries contributed to a dynamic and collegial atmosphere. The scientific level remained consistently high, reflected in the 85 abstracts presented and now published in the Scandinavian Journal of Urology.

What truly defined the meeting, however, was the spirit in which it unfolded: open exchange, generous collaboration, and a genuine sense of shared purpose across national borders. This atmosphere made the recognition of Ralph Pecker and Henrik Jacobsen as NUF's newest honorary members especially meaningful — a tribute to their longstanding engagement in the association. Awards were also conferred for best abstract in the categories for urological malignancies, benign urological conditions and urological nursing.

The congress was the result of extensive work by many contributors such as the Swedish Urological Society, the local organizing committee, the NUF board, the collaboration groups, sponsors, exhibitors, all speakers, moderators, and abstract presenters and above all, to the participants whose engagement made the meeting memorable.

With best regards

*Lotta Renström Koskela*



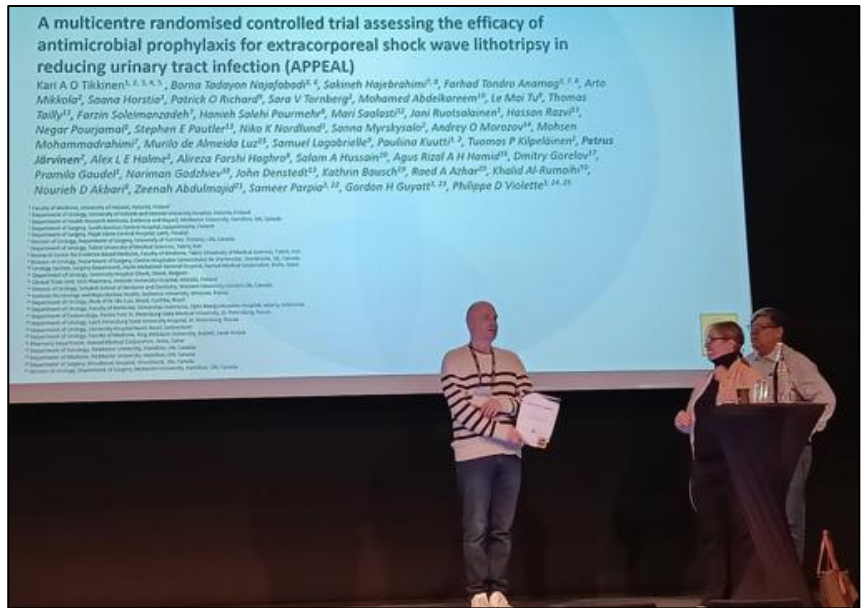
# Best scientific contributions NUF congress 2025

The 84 abstracts presented at NUF are printed and accessible in the Scandinavian Journal of Urology  
Vol. 60 No. Supp 223 (2025): Supplement 223

## Benign urology

*"A multicentre randomized controlled trial assessing the efficacy of antimicrobial prophylaxis for extracorporeal shock wave lithotripsy in reducing urinary tract infection (APPEAL)"*

By Kari Tikkinen et al  
[kari.tikkinen@gmail.com](mailto:kari.tikkinen@gmail.com)  
Presenter Petrus Järvinen



## Urology oncology

*"Distinct Genomic Landscape of Lynch Syndrome - Associated Urothelial Cancer"*

By Jussi Nikkola et al  
[jussi.nikkola@tuni.fi](mailto:jussi.nikkola@tuni.fi)  
Presenter Thea Veitonmäki



# Best scientific contributions NUF congress 2025

## Nursing abstract urology

*“Nursing staffs’ experiences with fluid balance charting: a Nordic focus group study.”*

By Lisbeth Rosen Leinum  
University of Southern Denmark



# New Honorary members NUF congress 2025



## Ralph Peeker

Ralph Peeker has for years served as an enthusiastic collaborator and supporter of NUF and has for a long time been a member of the NUF reconstructive group. He is also an eager sportsman and musician.

He works as a Senior Consultant at the Department of Urology at Sahlgrenska University Hospital, Gothenburg and as a Professor at the University of Gothenburg. His dedication and wide field of interests make him a valued lecturer, researcher and urologist.



## Henrik Jacobsen

Henrik Jakobsen served for many years as a highly dedicated and valued member of the board of NUF, where he fulfilled the role of Treasurer. His stewardship contributed to the organisation’s financial stability and strategic development.

In parallel, Henrik Jakobsen has had a distinguished career as a senior consultant in the Department of Urology at Herlev-Gentofte Hospital, Denmark. He has built an impressive and widely respected profile both as a clinician and as a researcher, making substantial contributions to the advancement of knowledge and clinical practice within the field of prostate cancer.

# Events, courses, congresses

## 2026

### March

13-16<sup>th</sup> Mar: 41 EAU Congress London, Great Britain

### May

06-07<sup>th</sup> May: Aarhus Talks III, Pediatric Urology, Sønderborg, Denmark

### September

02-4<sup>th</sup> Sep: Practical course in Robotic & Laparoscopic Urology & Pediatric Urology, Aarhus, Denmark

09-11<sup>th</sup> Sep ERUS 26 - EAU Robotic Urology Section Padua, Italy

18-19<sup>th</sup> Sep: Nordic Course on Urodynamics & LUTD, Rikshospitalet, Oslo, Norway

### October

06-09<sup>th</sup> Oct: ICS congress (International Continence Society), Maastricht , Netherlands

14-17<sup>th</sup> Oct: 46<sup>th</sup> SIU Annual Congress, Abu Dhabi, United Arab Emirates

## 2027

### June

09-12<sup>th</sup> June: 36<sup>th</sup> NUF Congress in Copenhagen!!

If you arrange a course or a meeting of interest for your Nordic colleagues; please send us the flyer or information so it could be announced at the NUF home page.

# The NUF Exchange Travel Grant

A travel grant of 10.000 SEK is available for a urologist or a resident in urology who wants to visit a urological department in another Nordic country.

The visit should last at least one week. A written report must be submitted to the NUF board. This will be published in the NUF Newsletter later on.

This is a once in a life-time opportunity to learn something new and at the same time make social contacts with other Nordic colleagues.

A motivated and reasoned application should be addressed to the general secretary of NUF, Karl Erlingur Oddason ([karleo@landspitali.is](mailto:karleo@landspitali.is)).

# Travel Report

## – Clinical Observership at Aarhus University Hospital

*Supported by the Nordic Urological Association (NUF) Travel Grant*

In February 2026, I spent one week at the Department of Urology at Aarhus University Hospital, supported by the Nordic Urological Association (NUF) Travel Grant. As a second-year resident at Akershus University Hospital in Norway with approximately eighteen months of training, I was eager to gain broader exposure within the field. Naturally slightly concerned about the “famous” Norwegian–Danish language barrier, I travelled to Aarhus genuinely excited. In reality, the concern disappeared after the first morning conference.

The department in Aarhus is a large tertiary referral centre with extensive activity in pediatric, oncological, transplant, and functional urology, among other areas. For someone at my stage of training, both the breadth of activity and the size of the department were striking.

Two days of the week were dedicated to pediatric urology. I observed a Fowler–Stephens stage II orchiopexy for bilateral intra-abdominal testes and a first-stage Bracka repair for severe hypospadias. As we do not perform Bracka repairs at Ahus, it was particularly interesting to follow the operative planning and technical considerations. The focus on staged reconstruction, tissue quality, and long-term outcomes reflected a structured, experience-based approach that was rewarding to witness firsthand.

In the oncological setting, I attended both open and robot-assisted procedures, including radical cystoprostatectomy with urinary diversion and a combined nephroureterectomy and cystoprostatectomy for advanced urothelial carcinoma. The operative flow was efficient yet unhurried, and the collaboration between surgeons, anesthesiologists, and nursing staff appeared well established. Observing how a high-volume centre organizes and executes these complex cases was valuable to see in practice.

A particular highlight was following a laparoscopic living-donor nephrectomy with 3D visualization and subsequently observing the recipient’s open renal transplantation. Watching the entire sequence, from donor dissection and cold perfusion to vascular anastomosis and reperfusion, clearly demonstrated how much precise coordination and teamwork contribute to successful outcomes.

Outside the operating theatre, the insight into organizational differences was just as interesting in its own way. Local antibiotic strategies reflect Danish resistance patterns, and certain perioperative routines are structured differently from what I am used to in Norway. It was clear how much these subtle differences in organization can shape daily clinical practice. The specialist training pathway, with earlier subspecialization and no general surgical component, also prompted reflection on the balance between breadth and early focus. Returning to Akershus, I was left with a greater awareness of the diversity of approaches within Nordic urology and how much we can learn from one another, even early in residency.

I am sincerely grateful to Consultant Pernille Skjold Kingo for organizing such a well-structured and genuinely educational week, and to all the urological colleagues in Aarhus for their warm welcome and openness. I strongly encourage other residents in urology to apply for the NUF Travel Grant. Spending a week in another Nordic department offers not only surgical learning, but also perspective, professional connections, and renewed motivation within our shared specialty.

*Edda Greaker*

*Resident in Urology*

*Akershus University Hospital*

*Lørenskog, Norway*



**Next Newsletter will be published August 2026**

**Don't hesitate to send an article/abstract/meeting report to us. We are pleased if you have a contribution.**