

NORDISK UROLOGISK FÖRENING COLLABORATION GROUP ON LOWER URINARY TRACT DYSFUNCTION

Report 2008-2009

The collaboration group on Lower Urinary Tract Dysfunction was established in February 2008.

Group members are from

Denmark	Jens Sönksen, Copenhagen Frank Schmidt, Aarhus
Finland	Markku Leskinen, Oulu Ilkka Perttilä, Helsinki -- secretary
Iceland	Gudmundur Geirsson, Reykjavik
Norway	Per Espen Låhne, Tönsberg
Sweden	Elisabeth Farrelly, Stockholm – chairperson Lars Malmberg, Lund

The group has decided to focus on promoting further education for residents and specialists in urology as well as facilitating communication and co-operation in relevant research areas. For the period 2008-2010 we have chosen to concentrate on the following clinical areas: neuro-urology, LUTD in benign disorders (mainly BPH with bladder outlet obstruction) and incontinence in men.

Meetings

A one-day work meeting took place in Stockholm in September 2008.

An executive meeting was held in Reykjavik 9 June 2009.

Educational courses

“Best practice in LUTD” 10 June 2009, Reykjavik.

Plans underway for a Nordic course on Urodynamics, fall or winter 2009, in Copenhagen, hopefully in co-operation with the European School of Urology.

Plans underway for an update-meeting on “What’s hot and what’s not” in the LUTD area in 2010.

Research

An inventory of on-going research in the LUTD area has been conducted and the following research areas identified in more than one site:

Interstitial cystitis, botulinumtoxin treatment of neurogenic and idiopathic overactive bladder, evaluation of methods for surgical treatment of stress urinary incontinence (men and women), basic research concerning signal transmission within the bladder wall and in the bladder-brain connection.

Plans are underway for an event to be held in 2010 to recognize Nordic research sites and facilitate co-operation.

Stockholm June 2009-06-08

Elisabeth Farrelly