

## Nordic Residents in Urology (NRU)

The Nordic Residents in Urology (NRU) is the official resident-group of NUF. The board consists of two representatives from Denmark, Norway, Sweden and Finland and an Icelandic representative elected from among the urologists-in-training. NRU aims to facilitate collaboration and networking between the Nordic residents. From the beginning, the NRU board committed to arranging biennial courses for Nordic urology residents and the residents day at the biennial conference of the Scandinavian Association of Urology.

The last 2 years have been busy. We started by hosting the *Resident's day* during the 31<sup>st</sup> biennial Conference of the NUF in Odense. The scientific program covered two topics: "Stem cells in Urology" and "The Upper Urinary Tract" with both Nordic and international speakers. The two days session was well attended and received great feed-back. This year we are hosting the *Resident's day* during the 32<sup>nd</sup> biennial Conference in Reykjavik. The program will cover LUTD under the title "Residents go with the flow!" (<https://nuf2019.is/program.html>). Seventy-four attendees have already registered.

In 2018 we joined the other NUF collaboration groups in planning NUF session during EAU in Copenhagen. Our contribution was the session "Training of young urologists".

The NRU group are continuing to promote Social Media (SoMe) to Nordic Urology. While this is a work in progress, our facebook page which is for all of NUF currently has 248 members and is a good platform for advertising NUF initiatives, congresses and learning experiences.

Another goal has been to promote Nordic exchange between residents. We are delighted that we now have two approved suggestions for observership: One at Aarhus University Hospital, Denmark, and one at Rikshospitalet, Oslo Norway (<http://nuf.nu/Observerships/>). These observerships are a great opportunity to learn more from other Nordic institutions and may be financed by applying for the NUF travel grant. In the future we hope more departments will put forward similar proposed exchange programs that we can upload on the NUF webpage.

Currently we are planning the 4<sup>th</sup> course for Nordic Residents which will be held in Copenhagen, Denmark, in June 2020. The program is nearly finalized and will cover Kidney diseases from a multidisciplinary perspective (Title: "It's all about the kidneys"). Registration will open, and course promotion will start in the very near future.

The last six months has been a time of transitioning for the board. Many have served the NRU for a long time and are stepping down. This makes room for new energy to continue the great work of NRU and bring forth new ideas. I thank my colleagues currently serving on the board and wish the new NRU the best of luck as my term serving as chairman will end with our biennial meeting in Reykjavik.

**Current NRU board members:**

Peter Østergren, Chairman, (Denmark) **stepping down**

Pernille Skjold Kingo (Denmark) **stepping down**

Sarah Tolouee (Denmark) **new member**

Marianne Bjerre (Denmark) **new member**

Henriette Veiby Holm (Norway) **stepping down**

Carl Fredrik Knobloch (Norway) **stepping down**

Jill-Randi Harneshaug (Norway) **new member**

Siril Stokke (Norway) **new member**

Karl Erlingur Oddason (Iceland)

Kurt Gronroos (Finland) **new member**

Emelie Victoria Abrahamsson (Sweden) **new member**

**Peter Østergren, Copenhagen 14.05.2019**