

NORDISK UROLOGISK FÖRENING COLLABORATION GROUP ON LOWER URINARY TRACT DYSFUNCTION

Report 2013-2015

The collaboration group on LUTD was established in February 2008 and has now spent seven active years. Our aim is to promote educational activities within the Nordic countries, and to facilitate clinical and research communication as well as Nordic research cooperation in the field of LUTD.

Group members 2013-2015:

Denmark	Frank Schmidt, Aarhus	Until May 2014
	Charlotte Graugaard	From May 2014
	Jens Sönksen, Herlev	
Finland	Martti Aho, Tampere	
	Susanna Hirsimäki, Vaasa/ Seinäjoki	
Iceland	Gudmundur Geirsson, Reykjavik	
Norway	Anja Lövvik, Oslo	
	Henriette Veiby Holm, Oslo	
	Karin Hjelle, Bergen	
Sweden	Elisabeth Farrelly, Stockholm -- chairperson	
	Lars Malmberg, Malmö	

Current focus is on the fields of LUTD with BOO (bladder outlet obstruction), neurourology, urodynamics and erectile dysfunction. Educational activities and communication is offered to residents and specialists in urology.

Meetings

Work meetings have been held in Sandefjord August 2013, Oslo 2014, Stockholm 2014 and through an extensive e-mail/ digital meeting May 2014.

Symposia

NUF congress in Sandefjord 2013:

“Overactive and Underactive – what does it mean?” A critical appraisal of the terms overactive and underactive in a clinical and scientific context. Key Nordic and European Speakers presented their views, and interactive speaker-audience debates took place. Research in the area of LUTD was discussed with a key-note presentation from Denmark.

NUF congress in Malmö 2015:

“Trends in treating LUTD – An Update”. Recent developments in pharmacological, non-invasive, and minimally invasive forms of treatment will be covered by Nordic experts. Presentations will be held from interdisciplinary work in three Nordic pelvic floor centres.

Urodynamics courses

A Nordic clinical course on basic and advanced urodynamics was held in Oslo in February 2014. Attendance reached around 60 persons and post-course evaluations were very positive. Our urodynamics courses have been arranged biannually since 2010, each time with a different perspective on the use of urodynamics as an important clinical tool and with

scientific updates. Attendance is increasing steadily. The next course is planned to take place in Stockholm in February 2016.

Communication

The LUTD Question & Answer forum for urodynamics and neuro-urology was launched on the NUF website in July 2012. We encourage all colleagues around Norden to make use of this communication tool.

The LUTD group is also working on promoting intra-Nordic study visits to departments/ units of excellence in urodynamics and functional reconstructive urology. A catalogue of suitable and welcoming units is under preparation and will be presented via the NUF website.

Awards

The LUTD group has had the privilege of selecting the winners of the Astra Tech/Wellspect grant for “Best presentation in LUTD” at each NUF Congress. In Sandefjord 2013 the grant was awarded to Anders Ullman Kiis Frey from Copenhagen for presentation of the study “Neglected sexual side effects of radical prostatectomy”.

Stockholm in May 2015

Elisabeth Farrelly