

Minutes Meeting for Nordic Residents in Urology

Time: February 2016, 12.00-17.00 (Local time Copenhagen)

Place: Copenhagen, Denmark

Participating: Karl Erlingur Oddason, Peter Busch Østergren, Mikkel Fode, Pernille Skjold Kingo, Henriette Veiby Holm, Carl Fredrik Knobloch, Teemu Murtola, Ville Saari, Jukka Kuokkanen

Absent: Ylva Hüge, Hjalmar Svensson

1. Selection of meeting leader and responsible person for minutes

Mikkel selected as meeting leader, Peter responsible for minutes.

2. Formal approval of the minutes from the NRU meeting, June 2nd, 2015

Minutes from last meeting approved.

3. Social media in NUF

NRU has been asked to contribute to the NUF organization by implementing social media. We will discuss how this can be achieved – the primary targets will be Facebook and Twitter.

Henriette merges NUF and NRU facebook group (closed group by invitation). Closed group with invitations. Henriette will make at least one from each country administrators:

Denmark: Pernille and Peter

Iceland: Karl

Finland: Yukka

Norway: Carl Fredrik

Sweden: ?

Each will invite urological colleagues. Furthermore, advertising for the facebook group will be made in the NUF bulletin (Peter will talk with Jørgen Bjerregaard (website administrator NUF). A link

should be present at the website and should be written in the NUF bulleting. For the moment we will not make a twitter account- new discussion in 1 year.

We will register # for NUF17 (Twitter) for the 31st NUF congress in Odense.

An idea presented was having Scand. Journal Of Urology to pick/highlight a story of the month in the facebook group – in that way promoting the use of the FB group/ Nordic research and the journal itself. Peter will make enquiries with the editorial board.

All of the above points will be made in close collaboration and coordination with the NUF board.

4. Follow up on the exchange work

Peter Østergren will present his ideas on resident/researcher exchange within the Nordic countries and we will have a discussion about the future efforts based on this.

Peter presented his proposal on resident exchange types (Short term visits (1-2 weeks), Research exchange/collaboration, Clinical exchange (part of the resident program)). There was agreement on focusing on the short term visits. There are already possibilities of funding through the NUF travel grant of 10.000 NOK (<http://www.nuf.nu/travelgrant.htm>). The main challenges are making the connection with the host institution and knowing if expectations will be fulfilled. Therefore, strategies to make the exchanges more formalized are warranted.

Plan:

Each country representative is asked to find out the possibilities of a more formalized program that could be offered at 1-2 institutions in their country. These programs will be the start off in promoting the exchange possibilities. All departments are welcomed to offer ideas for resident exchange visits by contacting the NRU group, this will be stated when promoting the exchange “program”. As a start a complete program is not needed, but the aim is to make recommendations on what a week schedule should include.

Areas of expertise for the different interested departments will be promoted through the website and facebook. In the future a list of Nordic Hospitals and their areas of expertise including contact information could be relevant.

5. The next joint Nordic course for residents

We will finalize the 2017 program on prostate cancer in Tampere including speakers based on the minutes from the NRU meeting, June 2nd, 2015. In addition we will start discussions about venue, sponsors and general setting and device a plan for the next steps.

See attached program. The next Nordic course will be Friday 20.01.2017-21.01.2017. Expected participants 60-80. Times in the program still need adjusting, firstly each country delegate needs to check if 12:30 is a feasible starting time in regards to travel (plane to Helsinki, then train to Tampere).

The local hosts will talk to venues, estimate prices, talk to sponsors. The rest will check if the dates are OK and help with sponsors (specified in the program proposal). When dates are confirmed speakers need to be contacted, chosen first speaker will be contacted by one of the same country representatives (please arrange who speaks to whom individually). By next meeting (3rd of may) sponsors and speakers should have been contacted.

6. The NUF residents' day 2017 in Odense, Denmark

We will begin discussions about the NUF/NRU residents day at NUF 2017 in Odense, Denmark. The goal is to come up with a topic in order to present this to the local hosts at an early stage in their planning. The full program will be devised in collaboration with local hosts at a later stage.

Suggested topic:

Advanced endourology

Other suggestions:

Reconstructive surgery, Kidney cancer, testicular / penile cancer

Peter will contact Lars Lund from the local planning group. Different types of presentation methods (Live surgery / hands on surgery – “real” live surgery/ case presentations from residents and

interactive teaching – i.e. Kahoot app (www.getkahoot.com) were discussed. When we have talked with the local organizing committee we can go on with these ideas.

7. Election of new NRU chairperson

Mikkel Fode is stepping down as chair of the group. Therefore election of a new chair by simple majority is warranted.

Mikkel Fode was thanked for his good work as chair of the group. Peter Østergren was elected as new chairman unanimously.

7. Miscellaneous

Hotel and plane ticket reimbursements should be sent to Börje Ljungberg (borje.ljungberg@umu.se) stating expenses were related to the NRU meeting.

8. Next meeting

Next meeting will be on Skype Tuesday 3. Maj at 20:00. Everyone is asked to send Skype names to Peter prior to the meeting.