

# Minutes form board meeting in the Nordic Residents in Urology

Time: September 20th, 2012, 12.00-18.00

Place: Quality Hotel Tønsberg, Ollebukta 3, 3126 Tønsberg - Norway

Percipients: Sven Løffeler (Norway), Mikkel Fode (Denmark), Dag Gullan (Norway) and Martin Skøtt (Denmark).

Chairman: Mikkel Fode

Minutes: Martin Skott

1. **Joint Nordic Theoretical course in Urology.** Mikkel Fode met with potential sponsors from the following medical companies; Astellas, Eli Lilly, Wellspect Health Care, Ferring and Allergan. They are all positive and willing to sponsor the meeting.

Tentative meeting date is the 25<sup>th</sup> to the 26<sup>th</sup> of January 2013 in Copenhagen and tentative venue is Hotel Scandic (down town Copenhagen). The expected number of participants is 80 residents from Finland, Norway, Sweden and Denmark. As the symposium is an international course. The purpose of the course is to offer state of the art lectures to the supplement the compulsory course in each of the five Nordic. Sven and Dag suggested benign urology. We decided not include nephrolithiasis as this topic is covered at the NUF conference in 2013.

The tentative title is; *Benign Urology – the Forgotten Patient*. The tentative program is shown in the following.

One of the main problems is how much the medical companies can sponsor each of the percipients form the various Nordic countries.

Expense	Denmark	Norway	Finland	Sweden
<b>Course fee</b>	500 Dkr (P)	500 Dkr (P)	500 Dkr (P)	500 Dkr (P)
<b>Hotel/food</b>	(S)	(P)	(S)	(S)50%/(P)50%
<b>Travel</b>	(P)	(P)	(P)	(P)

(P): paid by the participants themselves

(S): paid by the sponsor

In Norway the Norwegian Associations of Urology has to approve the course.

The official invitation is made by NRU and distributed by NRU in each of the Nordic countries. It is ok to have the sponsor's logo on the invitation.

Tentative programme

**Benign Urology – the forgotten patient**

*Friday the 25<sup>th</sup> of January from 12.00 to 18.00*

11.30 – 12.30 Lunch

12.30 – 12.40 Welcome

**Pelvic pain syndrome**

12.40 – 13.20 Aetiology, epidemiology and symptoms (Martti Aho, Tampere, Finland)

13.20 – 15.00 Treatment (Ole Jacob Nilsen, Rigshospitalet, Oslo, Norway)

15.00 – 15.15 Coffee break

15.15 – 15.55 Management of pain (Jørgen Norling, DK, Herlev)

15.55 – 15.15 Panel discussion

15.15 – 15.30 Coffee break

**Overactive bladder**

15.30 – 15.10 Aetiology, epidemiology and symptoms (Hans Jørgen Kirkeby, Skejby, Denmark)

15.10 – 15.50 Office management (Knut Henning Klem, Arendal, Norway)

15.50 – 16.00 Coffee break

16.00 – 17.40 Specialist treatment (Alexander Schulz, Rigshospitalet, Oslo, Norway)

17.40 – 18.00 Panel discussion

19.30 Dinner

*Saturday the 26<sup>th</sup> of January form 08.30 to 14.00*

**Sexual dysfunction**

08.30 – 09.10 Erectile dysfunction (physical) (Jens Sønksen, Herlev, Denmark)

09.10 – 09.50	Erectile dysfunction (psychological) (Annamaria Giaraldi, Rigshospitalet, Copenhagen, Denmark)
09.50 – 10.00	Coffee break
10.00 – 10.40	Other sexual dysfunctions (Alexander Schulz, Rigshospitalet, Oslo, Norway)
10.40 – 11.00	Panel discussion
11.00 – 11.20	Coffee break

### **Male hypogonadisme (late onset)**

11.20 – 12.00	Aetiology, epidemiology and symptoms (Stefan Arver, Stockholm, Sverige)
12.00 – 12.20	Testosterone substitution – Office perspective (Knut Henning Klem, Arendal, Norway)
12.20 – 12.40	Testosterone substitution – Academic perspective (Jens Sønksen, Herlev, Denmark)
12.40 – 13.00	Panel discussion
13.00 – 14.00	Lunch

2. **NUF Sandefjord 2013.** A residents' session at NUF (21 – 23 Aug) is to be held Tuesday the 20<sup>th</sup> of August 2012 between 15.00 to 19.00. Photocure is sponsoring the session. Sven presented the venue for NUF 2013. Overall themes at the NUF conference are nephrolithiasis, bladder cancer and diagnosing prostate cancer.

Tentative program for the residence session

15.00 – 17.00	Mark Soloway / Gunnar Aus
17.00 – 19.00	“Nightmare session” – clinical cases presented by residents and chaired by Mark Soloway and Gunnar Aus.
19.00	Common Nordic Residence dinner sponsored by Photocure

To participate in the nightmare session, one needs to submit a short abstract of 300 words presenting a clinical case and mail it to Mikkel Fode. Each case has 15 minutes including discussion. Cases are presented as a powerpoint presentation. Deadline for submitting cases is the 1<sup>st</sup> of May 2013. NRU will call for abstract within the nearest future. Sven and Mikkel are responsible for this.

3. **Clinical studies in Scandinavia.** Because of lack of participants from Sweden and Finland at the meeting, this subject is moved to the next meeting.

4. **Facebook group.** Dag Gullan is inviting Norwegian residencies to the group. Mikkel is writing to Ylva and Teemu to invite residencies from Sweden and Finland respectively. Martin and Mikkel are responsible for inviting Danes.
5. **Scandinavian Journal of urology.** Mikkel will contact Per Uno Malmstrøm (editor in chief of Scandinavian Journal of Urology).
6. **Next meeting.** Are held prior to the Symposium in Copenhagen (the 25<sup>th</sup> January 2013). Mikkel will draft the agenda.