

NORDISK UROLOGISK FÖRENING COLLABORATION GROUP ON LOWER URINARY TRACT DYSFUNCTION

Report 2011-2013

The collaboration group on LUTD was established in February 2008 and has now spent five active years. Our aim is to promote educational activities within the Nordic countries, and to facilitate clinical and research communication as well as Nordic research cooperation in the field of LUTD.

Group members 2011-2013:

Denmark	Frank Schmidt, Aarhus Jens Sönksen, Herlev	
Finland	Markku Leskinen, Seinäjoki	Until February 2012
	Ilkka Perttilä, Helsinki	Until February 2012
	Martti Aho, Tampere	February 2012 –
	Pekka Kinnala, Turku	Febr 2012 – Jan 2013
	Susanna Hirsimäki, Vaasa	January 2013 --
Iceland	Gudmundur Geirsson, Reykjavik	
Norway	Anja Lövvik, Oslo	
	Henriette Veiby Holm, Oslo	
	Karin Hjelle, Bergen	
Sweden	Elisabeth Farrelly, Stockholm -- chairperson	
	Lars Malmberg, Malmö	

Current focus is on the fields of LUTD with BOO (bladder outlet obstruction), neurourology, urodynamics and erectile dysfunction. Educational activities and communication is offered to residents and specialists in urology.

Meetings

Work meetings have been held in Tampere August 2011, Copenhagen November 2011 and January 2012, Oslo May 2012, Copenhagen November 2012 and in Milan in connection with the EAU in March 2013.

Telephone meetings have been held in September 2011 and May 2013.

Symposia

NUF congress in Tampere 2011:

“New ideas in the understanding, diagnosis and treatment of LUTD”. Latest scientific and clinical news on the management and prevention of LUTD and ED were discussed. Treatment of BPH, voiding problems and incontinence using physiological training as well as surgical methods were covered by Nordic experts from many different angles.

NUF congress in Sandefjord 2013:

“Overactive and Underactive – what does it mean?” A critical appraisal of the terms overactive and underactive in a clinical and scientific context. Key Nordic and European Speakers will present their views.

Urodynamics courses

A Nordic clinical course on basic and advanced urodynamics was held in Copenhagen in January 2012. Attendance reached around 90 persons and post-course evaluations were very positive. Urodynamics courses will be continued biannually, each time with a different perspective on the use of urodynamics as an important clinical tool and with scientific updates. The next course is planned to take place in Oslo in February 2014.

Communication

The LUTD Question & Answer forum for urodynamics and neuro-urology was launched on the NUF website in July 2012. We encourage all colleagues around Norden to make use of this communication tool.

At present, the group is working on promoting intra-Nordic study visits to departments/ units of excellence in urodynamics and functional reconstructive urology. A catalogue of suitable and welcoming units is under preparation and will be presented via the NUF website.

Awards

The LUTD group selects the winners of the Astra Tech grant for “Best presentation in LUTD” at each NUF Congress. In Tampere 2011 the grant was awarded to R M Tähtinen from Tampere for the presentation “Smoking and urinary storage symptoms in women: Results from the FINNO study”.

Stockholm in August 2013

Elisabeth Farrelly