

Activities in the “Nordic Residents in Urology” group

“Nordic Residents in Urology” (NRU) is the newest collaboration group within NUF. NRU was founded by representatives for the next generation of Nordic urologists in Copenhagen in January 2012, after a proposal from Claus Dahl (Denmark) and Sven Löffeler (Norway) at the general assembly in Tampere. The group consists of up to 2 representatives from each of the Nordic countries elected among urologists in training. This set-up has functioned very well. The declared long term aims of the group are to increase collaboration and networking between young urologists in the Nordic countries and to improve education and research opportunities.

For networking purposes, we have set up a facebook page for Nordic Residents with 99 members and counting – Please join the group at www.facebook.com/groups/NRUro/.

Since the first meeting in Copenhagen, the group has held one more official meeting in Sandefjord in the fall of 2012. In addition there has been considerable contact by email to organize the work of the group. This has culminated in the first course for Nordic residents in urology, which was held in Copenhagen in January 2013. The main topic was benign urology and the course covered pelvic pain syndrome, overactive bladder, sexual dysfunction and male hypogonadism. The course had several prominent Nordic speakers and was a great success with 75 participating urological residents. In addition, the evaluations were overwhelmingly positive, as 94% rated the general impression as "good" or "very good" and 98% would recommend the course to others. In NRU, we plan to make the course a biannual event as it will alternate with the NUF LUT-course.

The next project of the NRU group is to arrange a residents' day at the 2013 NUF congress in Sandefjord. The day has been scheduled in the program for August 20th and will include talks on prostate cancer by Mark Soloway and Gunnar Aus. In addition, 3 Nordic residents will present urological nightmare cases as they have experienced them from a young physician's standpoint. The whole NRU group is looking forward to the sessions, and we hope to make the Residents' day a new NUF tradition.

The NRU group would like to thank the NUF board, and everyone else who have supported our work. We will make our outmost efforts to maintain and evolve our contribution to NUF in the years to come.

Mikkel Fode, Denmark (Chairman)
Henriette Veiby Holm, Norway
Dag Gullan, Norway
Ylva Hüge, Sweden
Teemu Murtola, Finland
Martin Skøtt, Denmark