

NORDISK UROLOGISK FÖRENING COLLABORATION GROUP ON LOWER URINARY TRACT DYSFUNCTION

Report 2009-2011

The collaboration group on Lower Urinary Tract Dysfunction was established in February 2008 and has spent three active years promoting education and communication in the LUTD area.

Group members 2009-2011:

| | |
|---------|---|
| Denmark | Jens Sönksen, Copenhagen Frank Schmidt, Aarhus |
| Finland | Markku Leskinen, Seinäjoki Ilkka Perttilä, Helsinki |
| Iceland | Gudmundur Geirsson, Reykjavik |
| Norway | Per Espen Låhne, Tönsberg (2009-2010) – secretary until Oct 2010 Anja Lövvik, Oslo (2010 --) – secretary from October 2010 Henriette Veiby Holm, Oslo (2011--) Karin Hjelle (2011--), Bergen |
| Sweden | Elisabeth Farrelly, Stockholm – chairperson Lars Malmberg, Lund |

The group has focussed on promoting further education for residents and specialists in urology as well as facilitating communication and co-operation in relevant research areas. So far, we have chosen to concentrate on the following clinical areas: neuro-urology, LUTD in benign disorders (mainly BPH with bladder outlet obstruction) and incontinence in men.

Meetings

Work meetings have been held in Copenhagen November 2009, Oslo February 2010, Copenhagen October 2010, and in Helsinki January 2011.

Educational courses

A Nordic course on Urodynamics was arranged in Oslo in February 2010 with the attendance of 30 urologists in training and specialists from around our countries. Rikshospitalet kindly hosted the course. Astra Tech AS acted as sponsor for part of travel costs, meals and accommodation. Speakers were distinguished colleagues from the Nordic countries. Course programme is attached as enclosure 1.

A course/ symposium on “New Ideas in the Management of Lower Urinary Tract Dysfunction” is arranged at the NUF congress in Tampere on 24 August 2011. Course programme is attached as enclosure 2.

Plans are underway for a new course on urodynamics in Oslo early 2012, this time with workshops and a hands-on approach.

Communication

A “Question-and-Answer Forum” through e-mail, on urodynamics and neuro-urology for Nordic urologists will be started on a trial period during the autumn of 2011.

A programme to promote and facilitate study visits to centres of advanced urodynamics within Norden will be started in late autumn 2011. The LUTD group is currently collecting site descriptions from centres willing to participate, and we hope to be able to set up a link from the NUF website for a simple catalogue of the relevant information.

Stockholm August 2011-08-18

Elisabeth Farrelly

Appendix 1.

Program draft, version 01, 13.11.2009, ip

Clinical course in advanced urodynamics, Feb 26th, 2010, Oslo

08.30-09.4 Neurophysiological basis in neurological diseases with bladder dysfunction Prof Anders Mattiasson

09.45-10.4 Clinical urodynamics in neuro-urological patients Elisabeth Farrelly

10.45-11.1 Coffee break

11.15-12.3 Pediatric urodynamics, why, when, how ? Jens Christian Djurhuus

12.30-13.3 Lunch

13.30-14.1 Urodynamics in female incontinence Gudmundur Geirsson

14.15-15.0 Urodynamics in male LUTS Daniela Vo lz

15.00-15.1 Coffee break

15.15-16.0 Urodynamics in post op male incontinence Pekka Hellström

16.00-17.0 Round table case discussions with wine and cheese

| | |
|-------|---------------------|
| 20min | Neuro-urology |
| 20min | Male incontinence |
| 20min | Female incontinence |

17.00-17.3 Closing rer Elisabeth

NEW IDEAS IN THE MANAGEMENT OF LOWER URINARY TRACT DYSFUNCTION

Chair and Introduction

Lars Malmberg, Lund/Malmö 13.00 – 13.10

NEW IDEAS IN...

- ...the understanding of the pathophysiology of LUTD
“The role of PDE-5 inhibitors the lower urinary tract” 13.10 - 13.30
Jens Sönksen, Copenhagen
“The brain, the bladder and a life-time of neural events” 13.30 – 13.50
Elisabeth Farrelly, Stockholm
- ...the prevention of LUTD
“Lifestyle issues – Superman returns?” 13.50 – 14.15
Stefan Arver, Stockholm
“Healthy voiding” 14.15 – 14.40
Märta Lauritsen, Stockholm

COFFEE BREAK 14.40 – 15.10

- ...the treatment of LUTD
“Pelvic floor training for men” 15.10 – 15.35
Kari Bö, Oslo
- ...surgical techniques for the treatment of LUTD 16.35 – 16.25
“TUR-P – still the Gold Standard? or Green laser – safe and new”
Point-counterpoint discussion
Jouko Viitanen, Joensuu and Hannu Koistinen, Helsinki
“Surgical techniques in the treatment male incontinence” 16.25 – 16.50
Daniela Volz, Stockholm
- Concluding remarks
Lars Malmberg 16.50 – 17.00